

Homeopathic Case Proforma

For proper Homeopathic treatment it is necessary to provide details of the patient under various heads which will enable the physician to understand him/her and do the best for him/her.

Any incomplete or partial information will hinder the understanding of patient and thus also prevent the desired response from the medicines administered. Even those details which the patient feels to be of no importance or less importance should be given in adequate detail. All the information provided will be kept strictly confidential. After submitting / receiving this written information, your details will be studied and you will be further asked to describe your problems during the interview.

1] Primary information:

Name, age, sex, marital status, address, telephone/mobile number, e-mail address, occupation, vegetarian/non veg., addictions [tobacco, alcohol, tea, coffee, etc..]

Educational qualification

Your Present family structure; with basic info. about each member and your relations and responsibilities. Your daily routine of 24 hours.

2] Chief complaint and other complaints – describe in following manner:-

Place/area/part of affection and its spread

How did the complain start

How did it progress

What is the sensation/feeling at the site of complain/problem

What conditions increase or decrease the suffering

Any other complaint which is present along with the complaint.

3] Past history:-

History of all the diseases, problems, health conditions, hospitalizations, operations, injuries, etc with their time [month/year] of occurrence, what treatment undertaken, whether cured or relieved. Does any of these complaints have its relation to any of main complaints described above?

4] Family history:

Describe health status of all family members [living and deceased] [maternal and paternal]

5] Personal details:

Physical makeup of body / physical structure

Appetite

Cravings [desires] and Aversions [dislikes] in food and drinks [specify intensity]

Thirst

Urine & stool functions

Sleep and dreams

Effect [tolerance] of Heat and Cold

Sexual functions

Menses / Pregnancy related details / other complaints

Mental make up : nature, emotions, fears, likes, dislikes, hobbies, discontents,

Achievements, failures, nature as a child, relations with

members of family / at work place and others, moments of

sadness / happiness / grief / shock, etc, etc.....describe these

in as much detail as possible.

6] Any other information:-

Apart from information asked, if there is anything else which you wish to say.

7] Laboratory reports:-

Details of any investigations done in past and any significant findings.
